

Fariimaha ku saabsan Tallaalka COVID-19 ee carruurta 6 bilood ilaa 5 sano jir ah

fariimahan gaaban, dhabta ah waxay kaa caawin karaan inaad ka hadasho wax ku saabsna tallaalka COVID-19 ee carrruuta 6 bilood ilaa 5 sano jirka.

Carruurta yaryar waxay noqon karaan kuwa aad ugu jiran COVID-19. Waxay faafin karaan fayraska.

- COVID-19 waxa uu ka dhigaa carruurta kuwa aad u jiran. Waxay suuragal ahaan keeni kartaa in cusbitaalka la dhigo, ka sii darka caafimaadka xiliga dheer, ama xataa dhimasho. Tobanaan kun oo carruur ah iyo kuray qabta COVID-19 ayaa cusbitaal la dhigaa, oo COVID dheer ayaa ku dhaca carruurta.
- Carruurtu sidoo kale waxay ku faafin karan fayraska dadka kale, ay ku jiraan xubnaha qoyska wayn.

Tallaalka COVID-19 waa qaabka ugu wanaagsan ee looga ilaaliyo carruurta inay aad ugu jiranaadaan fayraska.

- Talaalku sidoo kale waxa uu ka caawiya ilaalinta carruurta yaryar ee aan awoodin xidhashada maaskaraha ama kala fogaanshaha bulshadda. Vaccinating children also helps protect loved ones at risk of getting very sick from COVID-19.
- Tallaalka carruurtu sidoo kale waxa uu caawiya ilaalinta kuwa la jecel yahay ee khatarta ugu jira inay aad ugu jiranaadaan COVID-19.

In la tallaalo waxay ka caawisaa ka ilaalinta carruurtu inay aad ugu jiranaadaan COVID-19.

- Sida dadka waa wayn, carruurta la tallaalay weli waxay qaadi karaan COVID, laakiin in la tallaalo waa muhiim. Waxay ka caawisaa ka hortagga inay aad u jiranaadaan.

Carruurta waa in weli la tallaalo, xataa haddii ay hadda ka hor qabeen COVID-19.

- Dadka si buuxda loo tallaalay waxay helaan ilaalin ka wanaagsan dadka keliya qaaday COVID-19.
- Haddii ilmahaagu qabo COVID, waa la tallaali karaa si degdega ah markay ka bogsadaan jirada iyo muddadooda go'doominta markay dhammaato.

Weli waa inaad tallaasho ilmahaaga xataa lagu tallaalay muddada uurka ama haddii lagu tallaallay markaad naas nuujinaysay iyaga.

- Marka antibodhyada la gudbin karo muddada uurka iyo naasnuujinta, ilaalinta way yaraan kartaa muddo ka dib.

Tijaabooyinka caafimaadku waxay muujiyeen in tallaalka COVID-19 uu badbaado iyo waxtar leeyahay.

- Badbaadada tallaalka waxaa lagu daraaseeyay 10.000 oo carruur da'aha 6 bilood ilaa 5 sanadood ah. Carruurta qaarkood waxay lahaayeen saamayn degen oo tallaalka ah sida daalka ama qandhada, laakiin tani muddo dheer may gaadhin oo dhammaantood waxay u bogsadeen degdeg.
- Tallaalka COVID-19 ee carruurtu waa nooc tallaalka ah oo loogu yeedho tallaalka mRNA, ee lagu daraaseeyay xawayaanka iyo tijaabooyinka aadamaha sanado badan, oo aan lahayn saamayn xili dheer. been studied in animal and human trials for years, without long-term effects.

Dhammaan tallaalka COVID waxay mareen dib u eegida adag ka hor inta aan loo oggolaan kooxaha da'da gaarka ah, ay ku jiraan tallaalka carruurta yaryar.

- Saamaynta xun ee tallaalka caadi ahaan waa mid degen oo ku meel gaadh ah.
- Carruurta qaarkood waxay la kulmi jaraan saamaynta degen sida daalka, madax xanuun, ama qandho, sida badanka tallaalka kale ah. Kuwan waa calaamadaha in jidhku dhisayo difaaca ku lidka ah COVID..

Tallaalka COVID-19 waxay waxtar u leedahay carruurta.

- Tijaabooyinka caafimaadak in tallaalka carruurta uu yahay qaabka waxatrka leh ee lagaga hortago caabuqa COVID iyo jirada khatarta ah ee carruurta yaryar.
- Tijaabooyinka caafimaadku waxay muujiyeen carruurta yaryar inuu waxtar leeyahay muddada heerka caabuqa iyo abuurida heerarka la midka ah ee difaaca carruurta sida kurayda iyo dadka waa wayn.

Carruurta waxaa tallaalay adeeg bixiyahooda daryeelka caafimaadka ama xaga xarumaha caafimamadka iyo goobaha kale ee siinaya tallaalka carruurta yaryar.

- Haddii ay suuragal tahay, la xidhiidh adeeg bixiyaha daryeelka caafimaadka ilmahaaga si loo qabto ballan.
- Haddii ilmahaagu aanu lahayn adeeg bixiyaha daryeelka caafimaadka, isticmaal VaxFinder. mass.gov si aad u hesho ballanta farmasiiga, xarunta caafimaadka, ama goobta kale ee tallaasha ilmahaaga.
- Tallaalka gudaha guriga waxaa loo heli karaa qof kasta oo dhib ka haysato isticmaalka goobta tallaalka bulshadda.

**Baro wax badan oo ku saabsan
mass.gov/CovidVaccineYoungKids**

